Menu for Grades 1-5

Week 3

Day	Breakfast	Lunch
Monday	"Khada" (Georgian pastry), tea	Soup with vegetables and rice,
		sausage, buckwheat, cucumber
		and lettuce salad, tomato sauce,
		bread, fruits, compote
Tuesday	"Zebra" cake, tea	Chicken soup "Chikhirtma",
		boiled hen, vermicelli, "Winter"
		salad, tomato sauce, bread,
		fruits, compote
Wednesday	Lemon cake, tea	Vegetable soup with lentil, beef
		stew, mashed potatoes, mixed
		salad with cucumber, tomato,
		bell pepper, carrot and
		Balsamico sauce, tomato sauce,
		bread, fruits, compote
Thursday	"Khachapuri", tea	Vegetarian borscht with sour-
		cream, beef cutlet, rice with
		carrots, beet and apple salad,
		tomato sauce, bread, fruits,
		compote
Friday	Hamburger, tea	Vegetable soup with vermicelli,
		mashed beans, pickled
		cucumber and lettuce,
		spaghetti, tomato sauce, bread,
		fruits, compote

Menu for Grades 6-12

Week 3

Day	Lunch
Monday	Soup with vegetables and rice,
	sausage, buckwheat, mashed
	potatoes, cucumber and lettuce
	salad, macaroni salad with bell
	pepper, apple muffins, tomato
	sauce, bread, fruits, compote
Tuesday	Chicken soup" Chikhirtma",
	roast chicken, vermicelli,
	"Mexican" potatoes, "Winter"
	salad, green salad, Imeretinian
	Khachapuri, tomato sauce,
	bread, fruits, compote
Wednesday	Vegetable soup with lentil, beef
	stew, boiled potatoes with dill,
	macaroni, mixed salad with
	cucumber, tomato, bell pepper,
	crab salad, potato pie, tomato
	sauce, bread, fruits, compote
Thursday	Vegetarian borscht with sour-
	cream, beef cutlet, buckwheat,
	rice with carrots, "Olivier"
	salad, beet and apple salad, fruit
	pie, tomato sauce, bread, fruits,
	compote
Friday	Vegetable soup with vermicelli,
	spiced beans, spaghetti with
	cheese, Greek salad, pickled
	cucumber and lettuce, beef
	pancakes, tomato sauce, bread,
	fruits, compote