

15.09.2025-19.09.2025

	ორშაბათი/Monday	სამშაბათი/Tuesday	ოთხშაბათი/Wednesday	ხუთშაბათი/Thursday	პარასკევი/Friday
საუზმე Breakfast	Bun Cocoa Butter Jam Seasonal fruit Bran bread	Oatmeal porridge Cheese Jam Fruit tea Seasonal fruit Bran bread	Boiled egg Cottage cheese Sour cream Seasonal fruit Fruit tea Bran bread	Corn and cocoa flakes Milk Butter Jam Seasonal fruit Bran bread	Toast with turkey ham and cheddar Homemade yogurt Fruit tea Seasonal fruit Bran bread
სადღო Dinner	Lentil and vegetable soup Chicken cutlet Pasta Tkemali (Georgian sour plum sauce) Greek salad Bran bread	Borscht with sour cream (beetroot soup) Beef cutlet Bulgur Cherry tomato and cucumber salad Sauce Bran bread	Pea soup with peas Fried fish (sturgeon) Mashed potatoes Cauliflower and broccoli salad Sauce Bran bread	Minestrone (Italian vegetable soup) Rice with vegetables Green salad Chicken breast in sour cream sauce Sauce Bran bread	Beef meatball soup Buckwheat Carrot and bell pepper sticks Sauce Bran bread
სამზარი Afternoon snack	Banana	Apple cake	Khachapuri (Georgian cheese-filled bread)	Banana	Cocoa muffin