06.10.2025-10.10.2025					
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Corn and cocoa flakes Milk Butter Jam Seasonal fruit Bran bread	Oatmeal porridge Cheese Jam Butter Fruit tea Seasonal fruit Bran bread	Boiled egg Cottage cheese Sour cream Seasonal fruit Fruit tea Bran bread	Banana cake Cocoa Butter Jam Seasonal fruit Bran bread	Toast with turkey ham and cheddar Homemade yogurt Fruit tea Seasonal fruit Bran bread
Dinner	Lentil and vegetable soup Chicken kebab Pasta Tkemali (Georgian sour plum sauce) Carrot and bell pepper sticks Bran bread	Borscht with sour cream (beetroot soup) Boiled beef Mashed potatoes Cherry tomato and cucumber salad Sauce Bran bread	Pea soup Rice with vegetables Green salad Baked salmon Bran bread	Broccoli soup Grilled chicken breast Spaghetti Cauliflower and broccoli salad Sauce Bran bread	Minestrone (Italian vegetable soup) Beef cutlet Buckwheat Greek salad Sauce Bran bread
Afternoon snack	Banana	Cocoa bun	Khachapuri (Georgian cheese-filled bread)	Banana	Apple cake