

13.10.2025-17.10.2025					
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Oatmeal porridge Cheese Jam Butter Fruit tea Seasonal fruit Bran bread		Boiled egg Cottage cheese Sour cream Seasonal fruit Fruit tea Bran bread	Banana cake Cocoa Butter Jam Seasonal fruit Bran bread	Toast with turkey ham and cheddar Homemade yogurt Fruit tea Seasonal fruit Bran bread
Dinner	Broccoli soup Chicken cutlet Buckwheat Tkemali (Georgian sour plum sauce) Carrot and bell pepper sticks Bran bread		Lentil soup Beef ragout Vegetable couscous Cauliflower and broccoli salad Sauce Bran bread	Pumpkin cream soup Mashed potatoes Greek salad Baked salmon Bran bread	Borscht with sour cream (beetroot soup) Beef kebab Pasta Cucumber and cherry tomato salad Sauce Bran bread
Afternoon snack	Banana		Apple cake	Banana	Potato pie