

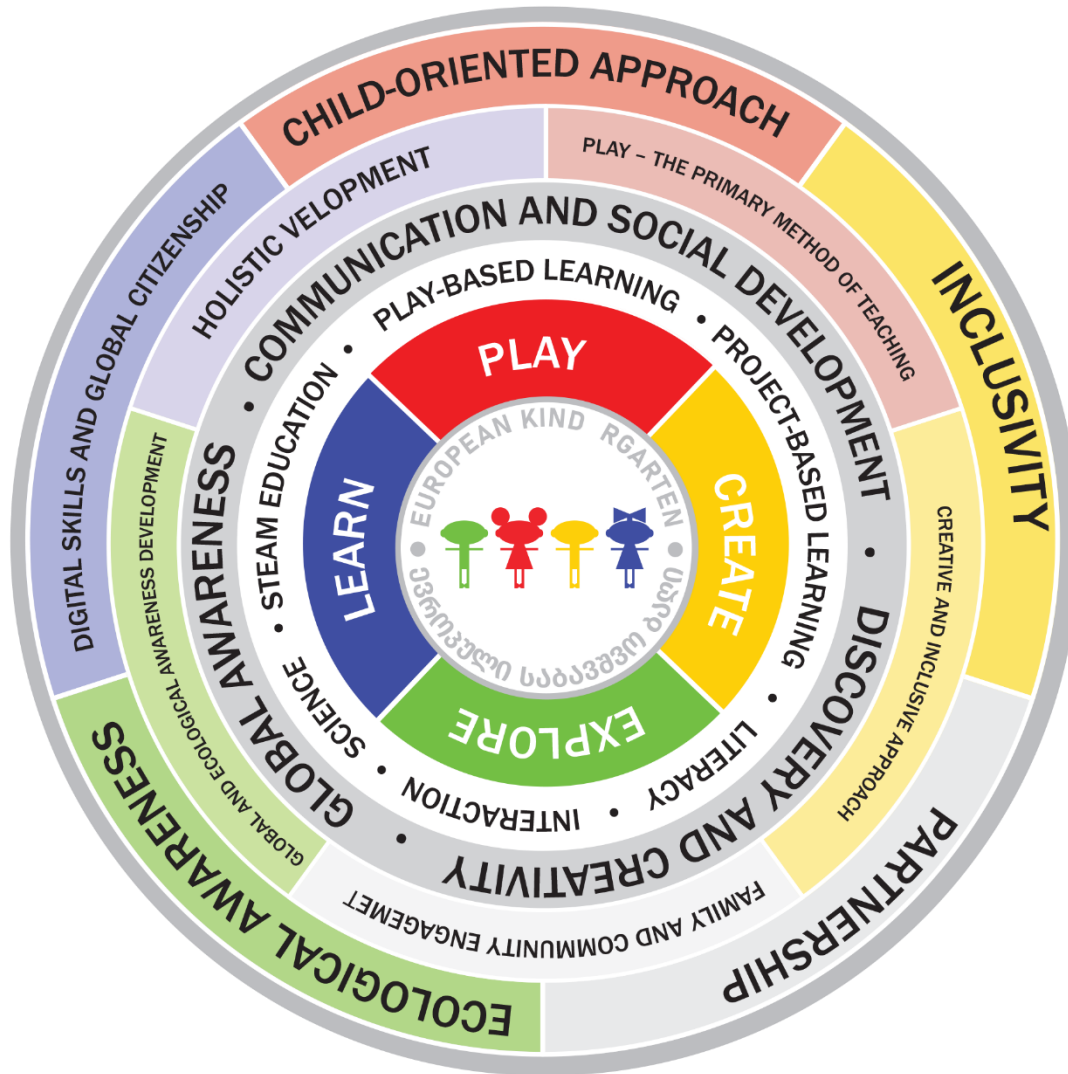


2024-2025

**CURRICULUM**

## Contents

<b>1. European Kindergarten Curriculum.....</b>	<b>2</b>
<b>2. Core Components of the Curriculum.....</b>	<b>3</b>
<b>3. Our Values and Guiding Principles.....</b>	<b>4</b>
<b>4. Curriculum Objectives .....</b>	<b>5</b>
4.1 <i>Communication and Emotional Development.....</i>	6
4.2 <i>Discovery and Creativity.....</i>	7
4.3 <i>Global Awareness.....</i>	8
<b>5. Curriculum Implementation Methods .....</b>	<b>9</b>
5.1 <i>Learning Through Play.....</i>	9
5.2 <i>Project-Based Learning: An Innovative Approach .....</i>	11
<b>6. Content of the Educational Process .....</b>	<b>13</b>
6.1 <i>Literacy .....</i>	13
6.2 <i>Development of Language and Communication Skills in early childhood education .....</i>	15
6.3 <i>Teaching a Second Language in Early childhood.....</i>	16
6.4 <i>ART IN EARLY CHILDHOOD EDUCATION.....</i>	19
6.7 <i>Additional Developmental Activities in the Early Years Curriculum.....</i>	28
<b>7. Daily Routines, Transitions, and Schedules .....</b>	<b>30</b>
<b>8. Planning the Educational Process: Key Principles and Approaches.....</b>	<b>31</b>
<b>9. Time and Schedules .....</b>	<b>33</b>
<b>10.The Role of the Physical Environment .....</b>	<b>34</b>
<b>11. Observation, Reflection, and Portfolio Maintenance: Essential Components of the Learning Process.....</b>	<b>36</b>
11.1. <i>Observation.....</i>	36
11.2 <i>Reflection.....</i>	37
11.3 <i>Portfolio Maintenance .....</i>	37
11.4 <i>Reflective Journal: A Practical Tool for Analyzing the Educational Process.....</i>	38
11.5 <i>Examples of Observation, Reflection, and Portfolio Use in Practice .....</i>	40
<b>12. Encouragement Methods .....</b>	<b>41</b>
<b>13. The Role of the Educator in Implementing the Preschool Curriculum.....</b>	<b>42</b>
<b>14. Parental Involvement in Kindergarten Activities .....</b>	<b>44</b>



## 1. European Kindergarten Curriculum

LLC “European School” is committed to providing the highest quality education in a caring and academically rich environment. Our goal is to enable every student to discover their potential, achieve maximum success, and develop into responsible, capable, and active members of the global community.

The curriculum is a unique document developed by us, based on child-centered approaches and modern principles of early education. The curriculum is designed for children aged 2 to 6 and is built upon the State Standards for Early and Preschool Education and the foundations of the "Play-Based Early Education Curriculum" and "Play-Based School Readiness Program."

## 2. Core Components of the Curriculum

The curriculum is based on four interconnected components:

1. **Play:** Play as the main method of learning, integrating children's cognitive, social, and emotional development.
2. **Create:** Creative activities that foster idea generation and the development of independence.
3. **Explore:** Research- and curiosity-based activities that help children explore and understand the world.
4. **Learn:** The process of acquiring knowledge and applying experiences in practice.

The curriculum includes all essential elements of the educational environment: planning, implementation, and evaluation, ensuring the effectiveness of the learning process.

- **Goals, Objectives, and Outcomes:** Defines the goals of the curriculum and the outcomes to be achieved.
- **Content and Directions:** Describes the content and activities aimed at achieving the set goals.
- **Methods and Procedures:** Explains how content components are implemented and what approaches are used.
- **Assessment:** An analysis that demonstrates progress and developmental directions.

***The curriculum is based on the following perspectives and theories regarding child development and learning:***

- ***Urie Bronfenbrenner's Ecological Systems Theory:*** A child's development is influenced by various ecological systems. The immediate learning environment, such as family, kindergarten, and community, along with their interactions, affects the child's development.
- ***Jean Piaget's Constructivism:*** Knowledge is built by the child through active exploration and inquiry of the environment. Play is critically important for early-age learning and development. Interaction with the environment is essential for constructing knowledge about the world.
- ***Lev Vygotsky's Social Constructivism:*** Knowledge is a social construct. Interaction between the child and the social environment is central to learning. Teachers assist children in forming and sequencing their learning experiences, transitioning from personal, tangible, and physical experiences to abstract, verbal, and intellectual understanding. In this ideology, the teacher is not a transmitter of knowledge but an observer who creates a supportive learning environment. Acquiring problem-solving, cognitive, and cultural tools is essential for a successful life.

*When observing the process of early and preschool education, attention is focused on fundamental aspects of child development such as:*

- ***Physical Development*** (gross and fine motor skills)
- ***Self-Regulation*** (executive function and cognitive control) (Whitebread et al., 2009)

- **Language, Symbolic Systems, and Expression** (language, literacy, and mathematical concepts) (Barratt-Pugh & Rohl, 2000)
- **Social-Emotional Development** (State Standard for Early and Preschool Education, 2023)
- **Play as the Dominant Learning Pathway:** Schools must emphasize learning experiences through play for young children. (Yogman et al., 2018)
- **The Role of the Learning Environment:** Its role in promoting and supporting learning. (OME, 2016)
- **Student Interests and Free Choice:** Young children's participation in the educational process. (Fullan & Langworthy, 2014; Fox, 2016)
- **The Importance of Relationships:** Among children, between children and caring adults in school, and children's relationships with the broader community. (NSCDC, 2004)

## 3. Our Values and Guiding Principles

Our curriculum is based on values and principles that create a strong foundation for the holistic development of children. It emphasizes play, inclusivity, creativity, and global citizenship to allow every child to realize their unique potential fully.

### ***Our Values***

#### **Child-Centeredness**

We recognize that each child is unique. Our approach respects the abilities, interests, and learning pace of each child, ensuring that everyone reaches their full potential.

#### ***Inclusivity***

Our space celebrates the beauty of diversity! We respect children's cultural, social, and individual characteristics and strive for equal opportunities for all.

#### **Partnership**

Active involvement of families and communities is fundamental to our program. Close collaboration with parents and the community creates an environment where children are supported and thrive.

#### **Ecological Awareness**

We teach children to love and care for nature. Fostering ecological responsibility and environmental protection is a top priority.

#### **Digital Skills and Global Citizenship**

In addition to teaching modern technology skills, we educate children to be responsible and conscious members of the global community, respecting cultural diversity and digital ethics.

### ***Key Principles***

#### **1. Play – The Main Method of Learning**

Play is the primary means of children's natural development and learning.

- Through play, children develop social, cognitive, and emotional skills.
- Play facilitates learning with joy and engagement.

## 2. Holistic Development

We nurture the harmonious development of all child skills.

- Physical, emotional, social, and intellectual abilities develop equally.
- A holistic approach creates a foundation for future success.

## 3. Creative and Inclusive Approach

Encouraging creativity and creating an equal environment are core principles of our curriculum.

- Every child has the opportunity to express their skills and imagination.
- Inclusive learning teaches children respect and cooperation.

## 4. Family and Community Involvement

Partnership with parents and the community is an integral part of the child's educational process.

- We create a coordinated environment where children are supported.
- Shared values enhance children's development and motivation.

## 5. Global and Ecological Awareness

We teach children how to care for the environment and become global citizens.

- Children are introduced to principles of ecology, diversity, and tolerance.
- We cultivate interest and responsibility toward global topics.

# 4. Curriculum Objectives

The objectives of the curriculum are integrated into three main directions:

- Communication and Emotional Development
- Discovery and Creativity
- Global Awareness

### Communication and Emotional Development

- Teamwork: Engaging children in collaborative and social activities.
- Mutual Respect and Empathy: Developing compassion and caregiving skills.
- Learning Through Play: Enhancing social skills and communication through play.

### Discovery and Creativity

- Fostering Curiosity: Encouraging exploration through experiments, projects, and creative activities.
- Multidimensional Development: Promoting the exploration and discovery of arts, science, literacy, and other fields.

- **Problem-Solving:** Enabling children to ask questions, plan, gather information, and draw conclusions.

## **Global Awareness**

- **Equality and Diversity:** Instilling respect and tolerance for different cultures and traditions.
- **Ecological Awareness:** Teaching the importance of caring for the environment.
- **Digital Skills Development:** Educating children on working with modern technologies and practicing safe digital behavior.

## **4.1 Communication and Emotional Development**

### **The Importance of Communication**

- Communication ensures a secure and supportive environment where children feel valued and comfortable. This helps them develop social and emotional skills, learn to collaborate, support peers, and experience a sense of shared success.
- During early childhood, children's impulsiveness and dependence on adults make the development of self-regulation particularly necessary. Early childhood plays a key role in fostering these skills, contributing to emotional stability and social responsibility.

### **The Impact of Self-Regulation on Social Success**

- Self-regulation skills can be enhanced through various activities, such as:
  - **Group Games:** Activities requiring rule-following and patience help strengthen emotional control.
  - **Creative Tasks:** Activities like drawing or constructing help children focus on tasks and develop persistence.
  - **Role-Playing Games:** Children learn to observe their emotions and manage their expression during role-playing.

### **Benefits of Self-Regulation Skills**

- Children with self-regulation skills:
  - Build better connections with peers and enjoy popularity.
  - Are more focused on learning and achieve academic success.
  - Exhibit prosocial behaviors that contribute to social success.

### **Foundation of Social Skills**

- **Creating Positive Relationships:** Building and maintaining harmonious and friendly relationships.
- **Ethical Behavior:** Adhering to social norms and making sound decisions.
- **Empathy Development:** Understanding and respecting others' emotions and perspectives.

## Role of Language Skills in Group Work

- Effective communication and language skills enable children to:
  - Actively participate in group activities.
  - Freely express ideas and feelings.
  - Resolve conflicts and make informed decisions.

## Overall Effect of Communication

- Communication establishes a strong foundation for a child's social, emotional, and academic development. It boosts self-esteem, empathy, and social skills, which are essential for future success.

## 4.2 Discovery and Creativity

Discovery and creativity are the cornerstones of holistic child development, combining and deepening various skills. This approach fosters children's curiosity and supports the growth of their creative and intellectual potential.

### Discovery in Development

- Discovery focuses on process-oriented approaches, transforming natural curiosity into critical and creative skills. This fosters cognitive, social, and emotional competencies vital for holistic development.

### Encouraging Curiosity

- Stimulating children's senses (hearing, smell, touch, taste, and sight) is key to fostering curiosity. Activities to encourage curiosity include:
  - **Discovery Corners:** Thematic areas (e.g., nature, science, art) where children can freely explore materials and objects.
  - **Experimental Play:** Using water, sand, and other materials, children learn cause-and-effect relationships.
  - **Interactive Questions:** Educators ask open-ended questions, such as:

### Interactive Questions

Educators ask open-ended questions such as "What do you think will happen if...?" to encourage children's thinking and development of new ideas.

### Educational Visits

Trips to museums, libraries, or nature outings provide direct connections to the real world and enhance children's interests.

Children's curiosity is stimulated through their senses (hearing, smell, touch, taste, and vision). A variety of materials and activities are offered to help them better understand the world.

Educators use observation, object manipulation, experimentation, and open-ended questions to spark children's curiosity and actively involve them in the process of exploration.



## Skill Development Through Exploration

Through exploration, children acquire skills fundamental to their cognitive and social development:

- Establishing cause-and-effect relationships.
- Sorting objects based on various characteristics (size, color, shape, weight, quantity).
- Analyzing and thinking critically.
- Forming their own perspectives and assumptions.

## Creative Skill Development

Creative skill development opens vast opportunities for children. Integrating various art disciplines further enriches these skills.

- Symbolic Thinking and Problem-Solving: Children learn to connect ideas and bring them to realization.
- Using Recycled and Natural Materials: Children construct and express their creative vision through these materials.
- Fairy Tale Interpretation and Role-Playing: These activities teach children how to express emotions and thoughts interactively.
- Music, Movement, and Dramatic Play: These promote free self-expression and strengthen imagination.

Such a multifaceted approach nurtures children's individual talents and supports their holistic development.

## 4.3 Global Awareness

Global awareness helps children become informed and responsible global citizens. Its goal is to instill values and skills necessary for understanding diversity, fostering ecological awareness, and embracing technological advancements.

### Global Awareness in Early Childhood

Raising global awareness involves nurturing children with values and skills to help them become empathetic and responsible members of the global community.

#### Principles of Global Awareness in Early Childhood:

- Respect for Diversity: Children learn to appreciate various cultures, traditions, and languages, fostering equality and social integration.
- Ecological Awareness: Children are introduced to the importance of protecting nature and principles of sustainable development, developing a responsible approach to the environment.
- Collaboration and Teamwork: Through games and collaborative activities, children learn teamwork, shared responsibility, and respect for others' opinions.

## Development of Digital Skills

Developing digital literacy means equipping children with the ability to use technologies correctly and safely:

- **First Steps with Technology:** Using simple digital tools encourages children’s creativity and cognitive development.
- **Basics of Digital Safety:** Teaching children how to use digital technologies responsibly and securely.
- **Exploring Useful and Engaging Resources:** Educational apps and digital activities that enhance children’s skills and knowledge.

## Integration in Education

- **Thematic Activities:** Activities combining the study of diverse cultures and the use of digital resources allow children to learn about global diversity. This strengthens their knowledge and values, fostering respect among cultures.
- **Educational Games:** Games designed to develop empathy, collaboration, and social skills. Team activities teach children mutual respect, responsibility, and teamwork.
- **Role-Playing Games:** Interactive role-playing games introduce children to the importance of global awareness in real-life situations. These games help develop responsible behavior, empathy, and social consciousness.

# 5. Curriculum Implementation Methods

The realization of curriculum goals and values is achieved through play-based and practical learning, considering children’s natural interests and abilities.

## 5.1 Learning Through Play

Play is the most natural and effective way for children to learn:

- It fosters children’s social relationships, emotional regulation, and physical development.
- Diverse activities stimulate curiosity and encourage active engagement.
- During play, children learn planning, following instructions, completing tasks, and generating new ideas.

Through play, children are uniquely positioned to explore topics of interest, develop creativity, and apply acquired knowledge in practice.

### The Importance of Play in Social and Emotional Development

Play helps children:

- **Build and Strengthen Relationships:** Through play, children learn collaboration, empathy, and teamwork.

- **Achieve Emotional Stability:** Positive emotions and joy from play promote children's well-being.
- **Develop Self-Esteem and Confidence:** Successfully completing play or overcoming challenges during play empowers children.

### Planning Play Activities

Effective play requires proper planning:

- **Balance:** There must be a balance between child-initiated and educator-initiated activities.
  - **Child-Initiated Activities:** These activities foster intrinsic motivation, ensuring active engagement.

### Teacher-Initiated Activities

Teacher-initiated activities are purposefully tailored to children's abilities and needs.

- **Incorporating Children's Interests:** Activities are planned with consideration for children's interests, abilities, and age-specific characteristics.

### Key Features of Play

Effective use of play in education requires attention to its core characteristics:

1. **Positive Emotions:** Play should evoke joy and happiness in children.
2. **Focus on the Process:** Emphasis should be placed on the process rather than the outcome.
3. **Freedom of Choice:** Children should have the freedom to decide how and what they participate in.
4. **Intrinsic Motivation:** External rewards are unnecessary to spark interest in play.
5. **Imaginative World:** Play allows children to use creativity and explore their imagination.

### Types of Play

To enhance engagement, a variety of play activities should be used:

- **Dramatic Play:** Provides opportunities to take on roles and reenact real-life situations.
- **Creative Play:** Includes art, music, dance, drawing, and sculpting activities.
- **Exploratory Play:** Encourages development through experiential activities.
- **Sensory Play:** Focuses on stimulating the senses.
- **Board Games:** Promotes rule-following and cognitive skills.
- **Active Play:** Develops gross motor skills.
- **Manipulative Play:** Improves physical skills through object manipulation.
- **Constructive Play:** Involves building with blocks and other materials.

### Strategies to Support Play and Learning

The educator serves as a facilitator in play and supports children's engagement through effective strategies:

- **Active Dialogue:** Engage with children about their interests and ideas.
- **Encouraging Thought and Expression:** Foster self-reflection and creative expression.
- **Verbal Feedback:** Recognize achievements and reinforce skills.
- **Managing Activities Effectively:** Offer activities suited to the child's developmental level.

## Facilitating Play and Reflection

- Support: Educators create an inclusive and safe environment for exploration and play.
- Reflection: Observations during play inform future activity planning.

## The Impact of Play on Development

Play is the cornerstone of children's holistic development:

- Helps children explore their world, utilizing imagination and creativity.
- Supports social, emotional, and cognitive skill development.
- Prepares children for academic and life challenges.

Play combines learning with enjoyment, creating the most natural and effective learning environment for children.

## 5.2 Project-Based Learning: An Innovative Approach

Project-based learning is a hands-on, practical approach combining knowledge and action. It encourages critical and creative thinking and strengthens social skills.

### Benefits of Project-Based Learning:

1. **Combining Knowledge and Experience:**  
Children build on their experiences to acquire new knowledge and skills applicable in real life.
2. **Critical and Creative Thinking:**  
Children learn to solve problems creatively and generate new ideas.
3. **Collaborative Learning:**  
Promotes teamwork and communication skills.
4. **Social Integration:**  
Children develop skills that help them integrate effectively into society.
5. **Engaging and Interactive Environment:**  
Projects are motivating and provide an attractive learning atmosphere for children.

### Conditions for Successful Project Implementation:

1. **Connecting with Real-Life Experiences:**  
Children are more engaged when the project reflects their daily lives.
2. **Educational Goals:**  
Projects should support the development of communication, physical, and cognitive skills.
3. **Accessible Resources:**  
A variety of resources, such as visits and expert consultations, enrich the learning process.
4. **Diverse Activities:**  
Projects should include different types of activities to develop various skills.

5. **First-Hand Learning:**  
Direct experiences, such as touch, observation, and experimentation, enhance effectiveness.

## Steps in Project-Based Learning

Project-based learning is conducted in three main stages:

### Stage I: Topic Selection and Question Formulation

- **Topic Selection:**  
Choose simple and understandable topics, focusing on children's interests.
- **Preparation:**
  - Teachers help children identify what they know and what they are curious about.
  - Children's thoughts are formulated into questions to guide the project's direction.

### Stage II: Exploration

*In this stage, children actively seek answers to their questions through experiments and practical activities.*

*Key Activities Include:*

- **Field Trips:**  
*Visiting relevant locations to enrich children's knowledge.*
- **Environmental Modification:**  
*Adjusting the learning environment to align with the project theme.*
- **Providing Inspiring Materials:**  
*Offering resources that inspire children.*
- **Experiments:**  
*Practical experiments spark children's curiosity.*
- **Involvement of Experts or Parents:**  
*Inviting specialists adds depth to the project.*

### Stage III: Presentation and Summarization

*At the final stage, children summarize their findings and present their work.*

*Forms of Presentation:*

- **Exhibitions:**  
*Displaying children's creations.*
- **Role-Playing Activities:**  
*Thematic performances showcasing acquired knowledge.*
- **Posters:**  
*Visual representations summarizing the project.*

## 6. Content of the Educational Process

### 6.1 Literacy

Literacy plays a critical role in fostering children's curiosity, research skills, creative abilities, and social-emotional skills. This process not only promotes knowledge acquisition but also strengthens children's social, emotional, and creative development.

#### The Role of Literacy in Early Childhood Education:

- Combines knowledge, creativity, and digital skills.
- Interaction with books helps children develop research and critical thinking skills, improve social skills, and deepen emotional intelligence.
- Integrating interactive methods and technology in literacy lays a solid foundation for holistic child development.

#### 1. Fostering Curiosity

Engaging with books enhances children's curiosity:

- **Analyzing Characters and Plot:**  
Teachers direct children's attention to characters' behaviors, illustrations, and plot development.
- **Asking Questions:**  
Children are encouraged to ask questions and predict future events, facilitating the discovery of new information and a better understanding of the world.
- **Discovering New Ideas:**  
Books introduce children to new perspectives and topics, enhancing their curiosity.

#### 2. Developing Research Skills

Literacy is a foundational tool for the development of critical and analytical thinking:

- **Searching for and Analyzing Information:**  
Children learn to compare character behaviors and analyze storylines.
- **Formulating Hypotheses:**  
Encourages asking questions and making predictions about the plot.
- **Drawing Conclusions:**  
Through reading, children learn to draw conclusions and apply acquired knowledge to various situations.

#### 3. Enhancing Creative Skills

Books and their storylines provide an ideal medium for sparking creativity:

- **Character Role-Playing:**  
Children enact scenes from books and reimagine the storyline creatively.
- **Interpretation and New Story Creation:**  
Inspired by books, children create new stories and interpretations.

- **Integration of Art:**  
Children draw, create crafts, or make puppets related to book plots.

#### **4. Developing Social Skills and Group Unity**

Books help children develop teamwork and empathy skills:

- **Group Reading and Discussions:** Children share their thoughts and discuss characters and storylines together.
- **Strengthening Social Skills:** Analyzing character behaviors and emotions promotes empathy and mutual understanding.
- **Thematic Discussions:** Talking about book themes like friendship and compassion helps children understand others' perspectives and emotions.

#### **5. Literacy and Social-Emotional Development**

Books teach children to identify and manage emotions and improve their interpersonal skills:

- **Emotion Vocabulary:** Children learn to express and describe feelings.
- **Enhancing Empathy:** Discussing character behaviors and emotions helps children better understand one another.
- **Interactive Resources:** Posters, drawings, and videos are used to explain social-emotional topics.

#### **6. Strategies and Methods for Developing Literacy**

**Interactive Approaches:**

- **Open-Ended Questions:** Encouraging children to actively participate by asking questions about characters or plots.
- **Puppets and Visual Aids:** Using puppets and illustrations to create a "live" experience for children.
- **Story-Based Games:** Children reenact scenes from familiar books or create new stories.

**Creative Activities:**

- Drawing or modeling characters.
- Creating board games and puzzles based on book themes.

**Digital Literacy:**

- **Using Audiobooks and Digital Resources:**  
Introducing children to modern digital technologies and teaching them how to use them responsibly.

#### **7. Literacy and Global Digital Citizenship**

Books help foster global and digital skills in children:

- **Cultural Diversity:**  
Books with diverse themes introduce children to different cultures and ways of life.

- **Integration of Digital Technologies:**

Audiobooks and digital platforms help children become responsible digital citizens.

## **8. Literacy in STEAM Education**

Books are used to develop skills in STEAM (Science, Technology, Engineering, Art, and Mathematics):

- Creating Puppets and Dioramas: Visualizing book plots and modeling characters.
- Using LEGO: Recreating scenes described in books.
- Scientific Experiments: Conducting simple experiments related to book content.

## ***6.2 Development of Language and Communication Skills in early childhood education***

Language and communication skills in early childhood are fundamental for holistic child development. This process aims to enhance children's socialization, strengthen oral and written communication skills, promote intercultural awareness, and foster critical thinking. It is based on principles of multilingualism and inclusivity, preparing children to be adaptable and ready for global challenges.

### **Goals**

#### **1. Enhancing Language Skills:**

- Acquiring new words and phrases in a multilingual environment to expand vocabulary.
- Integrating knowledge gained through daily conversations to improve communication effectiveness.

#### **2. Raising Intercultural Awareness:**

- Introducing different cultural traditions and languages to foster tolerance and respect for diversity.
- Cultivating an open approach to cultural diversity.

#### **3. Developing Oral and Written Communication:**

- Establishing the foundations for oral communication, helping children articulate thoughts effectively.
- Laying the groundwork for writing skills through simple letters and words.

#### **4. Strengthening Social Skills:**

- Promoting teamwork and effective communication with peers.
- Developing empathy, mutual understanding, and constructive conflict-resolution skills.



## **Activities and Strategies**

### **1. Language Skills Development**

- Learning new words and phrases through songs, visual aids, and thematic games.
- Creating a multilingual environment where children are exposed not only to their native language but also to the basics of other languages.

### **2. Communication Skills**

- Listening Skills: Developing listening skills through stories and fables.
- Expression of Ideas: Encouraging clear expression of thoughts and understanding others' perspectives.
- Constructive Dialogues: Promoting constructive dialogues during group discussions.

### **3. Critical and Creative Thinking**

- Developing analytical skills and the ability to ask questions.
- Offering different interpretations of stories and critically discussing them.

### **4. Social Skills**

- Participating in team activities and successfully completing them.
- Managing conflicts and expressing empathy.

## **Games and Strategies**

### **Interactive Learning**

- Interactive games like "Find the Picture" or "Guess the Word" help children learn new material quickly and enjoyably.
- Group discussions and role-playing strengthen children's communication skills.

### **Creative Learning**

- Children create their own stories and build discussions around them.
- Designing characters and developing their stories enhances children's emotional intelligence.

### **Technological Learning**

- Specialized digital applications help children learn new words and phrases in an engaging and interactive format.
- Audio and video resources support listening and comprehension practice.

## **6.3 Teaching a Second Language in Early childhood**

Teaching a second language at an early age serves as a foundation for linguistic, cognitive, and social development, enhancing children's ability to communicate, express emotions, and build

intercultural awareness. Early language learning enables children to adapt quickly and efficiently, preparing them for future global challenges.

## **1. Goals**

### **Developing Language Skills:**

- Introducing children to the basics of a second language, including simple words and phrases, and enhancing their communication skills through everyday use.

### **Enhancing Cultural Awareness:**

- Familiarizing children with the cultural elements associated with the second language, fostering intercultural understanding and respect.

## **3. Strengthening Cognitive Skills:**

- Improving memory, concentration, and problem-solving skills, which are actively used in the language learning process.

### **Promoting Creative Skills:**

- Creating an environment where children can develop their creative abilities and self-expression through the use of a second language.

## **2. Learning Outcomes**

### **Linguistic Progress:**

- Children learn to correctly understand and use basic words and phrases in context, increasing their vocabulary and confidence in communication.

### **Communication Skills:**

- Children attempt independent communication in the second language with peers and educators, aiding in the development of social skills and active participation in teamwork.

### **Cultural Awareness:**

- Children gain an understanding of the importance of recognizing and respecting various cultures through exposure to traditions and values linked to the second language.

### **Cognitive Development:**

- Children acquire skills to analyze, comprehend, and solve different types of tasks, developed through consistent practice during the language learning process.

### 3. Methods and Activities

#### Interactive Learning:

- **Songs and Rhymes:** Using music as a fun and memorable way to learn a second language, expanding vocabulary.
- **Games:** Interactive games like "Find the Picture" or "Remember the Word" strengthen memory and make learning new words enjoyable.

#### Storytelling Approach:

- **Listening to Short Stories:** Children listen to simple stories, understand their content, and analyze them, improving critical thinking skills.
- **Role-Playing Characters:** Enacting characters helps children think in the second language and incorporate it into daily life.

#### Multimedia Learning:

- **Applications and Digital Resources:** Digital tools provide an interactive and engaging platform for simplifying and enriching language learning.
- **Audio-Visual Materials:** Resources like audiobooks and animations develop children's listening and comprehension skills in the language.

#### Creative Activities:

- Encouraging storytelling and character development.
- Creating arts and crafts projects related to the second language, enhancing their engagement and retention.

#### Team Activities

- Children participate in collaborative projects aimed at enhancing their communication and teamwork skills. These activities include thematic role-playing scenarios or participation in cultural events.

### 4. Assessment Methods

#### Linguistic Progress:

- Evaluating a child's ability to correctly use learned words and phrases in context and assessing improvements in pronunciation.

#### Communication Skills:

- Monitoring the child's interaction and engagement in group activities using the second language.

#### Cultural Awareness:

- Assessing the child's ability to internalize intercultural values and traditions associated with the second language.

## 5. Learning Resources

### Language Books and Stories:

- Simple texts with engaging illustrations that help children memorize words and understand context more effectively.

### Visual Materials:

- Thematic flashcards, posters, and other visual aids that make the language-learning process more accessible and enjoyable.

### Multimedia Tools:

- Digital applications, audiobooks, and videos that support the development of listening and comprehension skills.

### Play Materials:

- Puppets, board games, and other interactive tools that make language learning fun and engaging.

### Handmade Materials:

- Paper figures, drawings, and word cubes that encourage children to engage in creative activities while learning a new language.

## 6.4 ART IN EARLY CHILDHOOD EDUCATION

### Skill Development through Art

Art in early childhood is essential for fostering curiosity, creativity, research skills, and social interaction. With a modern approach, art becomes an effective means for developing global and digital citizenship skills.

### Global and Digital Citizenship through Art

#### 1. Understanding Cultural Diversity

Art activities incorporating music, dance, and visual arts from various cultures expose children to different traditions and values.

- **Outcome:** Children develop cultural sensitivity, a foundation for global citizenship.

#### 2. Collaboration and Empathy

Group art activities teach teamwork, communication, and mutual understanding.

- **Outcome:** These skills are crucial for responsible and positive global citizenship.

#### 3. Using Creative Technologies

Integrating digital tools like digital painting and animation introduces children to modern technologies.

- **Outcome:** Children learn responsible use of digital resources.

#### 4. Problem-Solving through Art

Experimenting with materials and techniques helps children develop innovative problem-solving skills.

- **Outcome:** These skills support adaptability in digital and global contexts.

### **5. Sharing Responsibility in Information Use**

Using digital tools to share artworks or present projects teaches ethical and safe communication.

- **Outcome:** Children build skills for responsible digital communication.

### **Visual Arts: Exploration and Self-Expression**

Visual arts allow children to explore and experiment, enhancing their creativity and skills.

#### **Strategies in Visual Arts**

1. **Freedom with Resources:** Children should have the freedom to choose and use materials, encouraging creativity.
2. **Experimentation:** Introduce various techniques like dry brush painting, line drawing with pencils, or working with edible paints.
3. **Encouraging Questions:** Ask open-ended questions to motivate children to think about their process and outcomes.
4. **Evaluation and Display:** Provide opportunities for children to display their work, boosting self-esteem.

#### **Activities in Visual Arts**

- Using diverse materials like colored paper, fabrics, and natural elements.
- Creating sculptures with recycled materials.
- Exploring styles of famous artists.

### **Performing Arts: Music, Dance, and Drama**

Performing arts foster curiosity and creativity in children, helping them explore and express emotions.

#### **Strategies in Performing Arts**

1. **Expressing Emotions:** Demonstrate how music evokes emotions and encourages self-expression.
2. **Offering Opportunities:** Provide a range of instruments and materials for exploration.
3. **Creative Freedom:** Allow children to create their own movements, rhythms, and dramatic scenes.

#### **Activities in Performing Arts**

- Crafting musical instruments.
- Inventing dance moves.
- Hosting children's theater performances and role-playing games.

### **How Art Develops Skills**

1. **Curiosity:** Children ask questions, explore materials, and discover new ways through experimentation.

2. Research Skills: Children learn to compare materials, draw conclusions, and refine techniques.

3. Creativity: Art activities give children opportunities to generate new ideas and solve problems innovatively.

Art learning processes should be free, inclusive, and tailored to children's interests. This approach fosters not only skill development but also individuality and self-expression.

Art is a world of communication, imagination, and discovery for children, preparing them to meet future challenges.

## **6.5 Science**

The study of natural sciences, mathematics, technology, and social sciences in early-age children directly aligns with the goals of global and digital citizenship by fostering curiosity, research, and creative skills. It also corresponds with the domains of child development and thematic directions defined by the State Standard of Early and Preschool Education.

### **Studying Natural Sciences through Curiosity, Research, and Creativity**

The educator supports the development of a child's curiosity, research, and discovery skills by encouraging them to observe their bodies, living and non-living nature, and ask questions about events and the properties of substances. Active observation, food tasting, and participation in experiments help children formulate hypotheses, such as: "My heart beats faster when I run a lot" or "A soccer ball is heavier than a tennis ball."

During experiments, children learn to make assumptions, conduct tests, and draw conclusions. For example: "If we remove a plant from the soil, it will wither." The educator also helps children classify objects during experiments, such as distinguishing between healthy and unhealthy foods.

The educator encourages children to use symbols in their observations and create their own theories about the properties of objects. During experiments, children are encouraged to find alternative solutions to problems, for example, inventing a new recipe using familiar ingredients.

### **Developing Mathematical and Technological Skills through Curiosity, Research, and Creativity**

To deepen curiosity in mathematics and technology, the educator focuses on the quantity, size, weight, and volume of objects. Children explore technologies, observe how they function, and make assumptions about how various devices work. They compare objects by color, size, and shape, and the educator encourages them to express their opinions and analyze technological devices.

The educator helps children recognize numbers and solve simple mathematical problems. Children invent new shapes, tools, or technical solutions to implement their ideas.

## **Relation to Global Citizenship Goals**

The goal of global citizenship is to cultivate individuals with social responsibility, intercultural understanding, and environmental awareness. Approaches in natural and social sciences contribute to the development of the following skills in children:

- Understanding the interaction between society and nature: Children learn about environmental protection and how human behavior impacts nature.
- Respect for cultural diversity: Through social sciences, children become familiar with different cultures and traditions.
- Equality and fairness: Through observations and games, children learn to accept differences and support each other.

## **Relation to Digital Citizenship Goals**

Digital citizenship refers to the responsible and informed use of digital technologies. Integrating technology in early years activities fosters:

- Awareness of information ethics and safety: Children learn how technology functions and how to use it responsibly, understanding the importance of rules and ethical norms in both digital and real-world settings.
- Development of problem-solving skills: Through experiments and mathematical tasks, children develop logical and creative thinking, essential for adapting to the digital world.

## **Studying Social Sciences through Curiosity, Research, and Creativity**

To foster curiosity in social sciences, the educator encourages children to explore space and time, analyze rules in their environment, learn about family roles, and various professions.

Children observe and compare people based on different characteristics, learn about cultures and traditions, and understand social norms. They interpret cultural aspects of different peoples and enrich national celebrations, clothing, and dance performances with their unique contributions.

## **Encouraging Group Cohesion through Science Studies**

Scientific games are effective for group collaboration. For example, creating an emotion poster helps children better understand, manage, and share emotions. Such activities teach children how to communicate and solve problems together.

Global and digital citizenship is based on cooperation and mutual respect. Participation in group science activities teaches children:

- Collaboration and communication: Sharing emotions and creating posters helps children understand others and express their thoughts effectively.
- Achieving common goals: Group research projects and experiments show children how to work together to solve problems.

Developing global and digital citizenship in early childhood is effectively achieved through science education, strengthening responsibility, creativity, and teamwork. Children learn environmental protection, cultural diversity, and ethical use of technology.

## **Strategies for Physical Health and Hygiene**

### **Discussing Hygiene:**

- Talk about the importance of hygiene using visual materials.
- Teach proper handwashing, teeth brushing, and bathroom etiquette.
- Incorporate fun activities to reinforce hygiene habits.

### **Physical Activities:**

- Provide age-appropriate physical activities daily.
- Create spaces for active play in the classroom and outdoors (running tracks, climbing areas, bicycle paths, etc.).
- Design activities that promote movement and time spent outdoors.

### **Children's Interest and Engagement:**

- Help children communicate and understand play rules.
- Actively participate in their games.
- Encourage children to think about physical activities, ask questions, and exercise with music.

## **Living and Non-Living Nature**

### **Using Visual Materials:**

- Show pictures or realistic drawings of animals during discussions.
- Use real plants when talking about vegetation.

### **Research and Observation:**

- Encourage children to ask questions and make their own assumptions.
- Promote experimentation (e.g., planting seeds and observing growth).

### **Activities:**

- Use microscopes and magnifying glasses to study plants.
- Offer nature-related games and experiments.
- Encourage children to document discoveries through drawings and photographs.

## **Objects and Phenomena**

### **Asking Open-Ended Questions:**

- Ask questions that prompt children to explore and observe (e.g., “Why does this ball roll faster?”).

### **Experiments and Observation:**

- Provide objects and materials for children to explore and compare.
- Incorporate experiments such as mixing substances or observing evaporation.



**Games:**

- Offer materials like magnets, mirrors, and wheels.
- Encourage shadow play, color mixing, and discovering new shades.

**Time, Space, and Cultural Traditions****Introducing Culture:**

- Organize visits to museums and historical sites.
- Invite family members to share cultural traditions.

**Understanding Time and Space:**

- Provide calendars and clocks for children to explore time measurement.
- Plan activities that teach spatial orientation (e.g., “Move left, move right”).

**Connection with Nature:**

- Encourage children to collect natural materials such as leaves and stones.
- Plant seedlings together.

**Mathematical Concepts****Learning Patterns:**

- Teach children to recognize and describe patterns (e.g., “Blue, red, blue, red…”).

**Counting and Measuring:**

- Encourage size, weight, and quantity comparisons.
- Use measuring tools like scales and rulers.

**Games:**

- Include board games that support counting and categorization (e.g., dominoes, lotto).
- Allow children to measure and count ingredients in cooking activities.

**Technology****Integrating Technology into Learning:**

- Provide children with age-appropriate technological tools.
- Teach responsible and educational use of technology.

**Sharing Experiences:**

- Observe and encourage children’s curiosity about technology.

**Activities:**

- Offer interactive applications that promote logical thinking and creativity.

Science education in early childhood effectively develops curiosity, research, and creative skills, while also fostering global and digital citizenship, environmental awareness, and collaborative teamwork.

## **6.6 Science: STEAM Education**

### **Developing Scientific and Creative Skills through STEAM**

Early childhood curiosity, inquiry, and creativity are nurtured through natural, mathematical, technological, and social sciences. These align with global and digital citizenship objectives and the state standards for early education.

STEAM (Science, Technology, Engineering, Arts, and Mathematics) education plays a pivotal role in comprehensive child development. Its integration fosters critical, creative, and innovative thinking, essential for overcoming future challenges. This approach enhances not only academic growth but also social skills in children.

### **Fostering Collaboration and Real-Life Problem-Solving Skills through STEAM**

#### **Key Features of STEAM**

- 1. Integrated Learning**

STEAM combines various disciplines—Science, Technology, Engineering, Arts, and Mathematics—helping children connect concepts and understand their real-world applications.

- 2. Practical Learning**

Provides hands-on experiences such as experiments, engineering projects, or using digital technologies to solve real-life problems.

- 3. Creative Approach**

Integrates arts to encourage creativity and imaginative expression, making abstract concepts tangible and engaging.

- 4. Curiosity and Critical Thinking**

Encourages children to ask questions, explore phenomena, and analyze information critically.

- 5. Teamwork and Collaboration**

Focuses on group work, promoting communication, teamwork, and shared responsibility among children.

### **Developing Curiosity**

#### **Science**

- Observation in Nature:**

Children learn to observe natural elements such as plants, animals, and phenomena.

- **Example Activity:** "Leaf Album" - Children collect, analyze, and classify leaves based on texture, color, size, and shape, discovering the relationship between features and environments.

- **Activity:** Teachers present leaf samples and guide children in comparing and classifying based on properties.
- **Conducting Experiments:**  
Introduces scientific phenomena and verifies hypotheses through experimentation.
  - **Example Activity:** Observing steam formation by heating water in a bottle to learn about water states and evaporation.
  - **Activity:** Comparing plant growth under sunlight and in shade to understand the role of light.

## Mathematics

- **Exploring Quantities:**  
Children engage in counting, measuring, and understanding shapes and spatial relationships.
  - **Example Activity:** Constructing towers with blocks and comparing their heights to discuss differences.
  - **Activity:** Calculating ingredient quantities during simple cooking activities to introduce numerical relationships.

## Technology

- **Exploring Simple Devices:**  
Teaches the functionality of everyday tools like kitchen appliances or toys.
  - **Example Activity:** Observing a blender to understand its motion and experimenting with speed settings.
  - **Activity:** Disassembling a simple gadget to explore its mechanics in the "How Does It Work?" activity.

## Engineering:

- Children participate in engineering activities that allow them to develop practical construction skills.
- Example: "Let's build a stable bridge." Children use LEGO to construct durable structures.

## Cause-and-Effect Relationships:

- Children learn to determine cause-and-effect relationships through experiments.
- **Example:** "What happens if we don't water plants?" Children observe the condition of plants over several days and learn how water affects plant survival.

## Object Classification:

- Children learn to categorize objects based on their characteristics, strengthening their analytical skills.
- **Example:** Children collect stones of different shapes and sizes, then classify them by color, texture, or shape.

### Visual Representations:

- Children visually depict their observations and experiment results, enhancing their ability to convey complex ideas in simple forms.
- **Example:** "How does a plant look when it is not watered?" Children draw pictures showing the plant's condition over time.

### Art Integration:

- By integrating science into art, children gain a better understanding of natural principles and create visual representations of scientific concepts.
- Creating nature-inspired artworks allows children to visually express scientific ideas.
- **Example:** Children paint the solar system and explain how planets move around the sun. They create drawings illustrating weather changes and discuss the reasons behind them.

## Global and Digital Citizenship Goals

### Ecological Awareness:

- Children learn about environmental protection and ecological principles, fostering a sense of social responsibility.
- **Example:** Children create posters encouraging others to keep the environment clean and avoid littering.

### Intercultural Understanding:

- Children explore traditions from different countries through multimedia resources, promoting intercultural awareness.
- **Example:** Children create drawings representing cultural aspects of various countries, such as holiday symbols or traditional clothing.

## Practical Implementation of STEAM Activities

### Organizing the Physical Learning Environment:

- Spaces for research, experiments, and crafting should be arranged so children can easily interact with materials.
- **Example:** A research corner with microscopes and natural materials supports children's investigative skills.

### Encouraging Family Involvement:

- Family members participate in children's learning processes, increasing motivation and educational effectiveness.
- **Example:** Family STEAM nights, where parents and children work together on activities like "Create Your Own Science Posters."

## Assessment and Reflection

### Assessing Children's Progress:

- Educators use observations, project-based assessments, and analyses of children's activity outcomes.
- **Example:** Children create a "Science Journal" where they record their observations and analyze experiment results.

### Reflection:

- Children are encouraged to review their own work and develop critical thinking skills.
- **Example:** "What did I learn during the experiment, and how will I use this knowledge in the future?" Children describe their results in their own words.

## 6.7 Additional Developmental Activities in the Early Years Curriculum

**Supplementary developmental activities** are an essential part of the early years curriculum, aimed at enhancing children's cognitive, physical, creative, and social skills. These activities are designed with consideration for the children's age, individual abilities, and interests.

### Descriptions and Objectives of Activities

#### 1. Chess and LEGO – Cognitive and Problem-Solving Skills

##### Goals:

- Foster strategic and logical thinking skills.
- Strengthen focus, patience, and problem-solving abilities.
- Encourage creativity and teamwork through collaborative projects.

##### Tools and Methods:

- **Chess:**
  - Enhances flexible thinking and long-term planning.
  - Develops patience and self-regulation during gameplay.
  - Organizes team games to improve social interactions.
- **LEGO:**
  - Introduces basic engineering and construction principles.
  - Engages children in group projects to foster communication and collaboration.
  - Stimulates imagination and creative thinking.

##### Activities:

- Teaching simple strategic games and practicing moves.
- Building thematic LEGO projects (e.g., constructing buildings or creating animal models).
- Hosting group competitions and collaborative problem-solving exercises.

## **2. Football and Karate – Physical and Sensory Development**

### **Goals:**

- Enhance physical endurance, coordination, and sensory skills.
- Foster teamwork and discipline awareness.

### **Tools and Methods:**

- Simple exercises to strengthen muscles and improve endurance.
- Game-based activities to promote quick decision-making.
- Group games to develop social skills.

### **Activities:**

- Physical exercises for movement control and balance.
- Team games to encourage communication and teamwork.
- Fun competitions to challenge children's physical capabilities.

## **3. Ballet – Physical, Sensory, and Creative Skills**

### **Goals:**

- Improve physical movement, rhythm, and coordination.
- Foster aesthetic appreciation and creativity.

### **Tools and Methods:**

- Teach synchronization of movement with rhythm.
- Use ballet elements to enhance focus and discipline.
- Build confidence and self-expression through creative activities.

### **Activities:**

- Learning basic ballet moves
- Practicing rhythmic movements to classical music.
- Organizing small performances to boost confidence and self-expression.

## **Principles for Activity Planning**

### **1. Age-Appropriate and Individualized Learning:**

- Activities are structured to match the children's age, psychological development stages, and physical capabilities.
- Special assignments are tailored to individual differences among children.

### **2. Interest-Based Selection:**

- Activities align with the interests of children and the preferences of their parents.
- Regular communication with parents ensures alignment with the child's developmental goals.

### 3. **Inclusivity and Accessibility:**

- Activities are inclusive and accessible to all children, regardless of their abilities.

### 4. **Integrated Learning:**

- Activities connect cognitive, physical, and creative skill development.
- For example, using LEGO constructions to design ballet performance stages.

## **Evaluation Methods**

### **1. Practical Skill Assessment:**

- Observing how effectively the child performs tasks (e.g., building LEGO constructions, executing ballet moves).
- Monitoring progress in physical and sensory skills.

### **2. Engagement Levels:**

- Assessing the child's enthusiasm and active participation in activities.
- Measuring the quality of interaction during group tasks.

### **3. Feedback from Children and Parents:**

- Children share their impressions of the activities.
- Parents provide insights into their child's progress and engagement.

# **7. Daily Routines, Transitions, and Schedules**

For young children, daily routines, transitions, and structured schedules are critical. These elements establish a predictable environment that fosters emotional stability, aids in development, and facilitates active participation in the learning process. Proper organization and intentional planning of daily activities help children develop skills, explore their abilities, and feel secure.

## **The Importance of Routines**

Routines provide consistency in daily activities, aiding children in developing habits and self-regulation. They also reinforce essential life skills.

### **1. Personal Hygiene and Self-Care:**

- Teaching the importance of handwashing, maintaining personal hygiene, and fostering independence.

### **2. Mealtime and Healthy Living Habits:**

- Encouraging table etiquette and social interaction during meals.

- Teaching the value of healthy food choices to support cognitive and social development.
3. **Independence in Daily Activities:**
- Dressing, organizing belongings, and preparing for tasks encourage problem-solving, responsibility, and fine motor skills.

### **The Role of Transitions**

Transitions are moments when children shift from one activity to another. These can be stressful for young children if not handled effectively.

1. **Predictability and Structure:**
  - Children need clear expectations during transitions, fostering a sense of security and calm.
2. **Playful Transition Activities:**
  - Using creative methods like songs, storytelling, or imaginative games to ease transitions. Examples include mimicking animal sounds, playing "blow the bubble," or organizing a "pretend train."

## **8. Planning the Educational Process: Key Principles and Approaches**

Planning the educational process is an essential component of organizing and managing learning activities. It involves setting goals, identifying necessary resources, and designing strategic actions to ensure an effective learning environment tailored to each child's abilities, interests, and needs. A flexible and personalized planning approach allows every child to receive experiences that meet their individual requirements, supporting their holistic development.

### **Core Principles of Planning**

The organization of the learning process is based on the following key principles:

- Individualization: Considering each child's unique needs and interests.
- Curriculum Alignment: Ensuring that planning aligns with the curriculum's goals and strategies.
- Flexibility: Adapting planned activities as needed to support children's engagement and comfort.
- Reflection and Improvement: Analyzing implemented practices and drawing conclusions to enhance future planning.

### **Types of Planning**

Educational process management includes two main types of planning:

1. Ongoing Planning – A weekly or thematic plan created based on the collective and individual needs of the group.
2. Individual Planning – A strategy tailored to the specific needs and goals of an individual child when necessary.



## Ongoing Planning

Ongoing planning outlines the overall framework of group activities, which may include:

- Weekly Themes and Projects: Organizing educational and creative activities around relevant themes.
- Games and Challenges: Thematically structured games related to science, art, literacy, or physical activities.
- Adaptation of Physical Space: Arranging classrooms and outdoor spaces to align with children's needs and planned activities.
- Promotion of Digital Citizenship: Integrating digital tools and technology into learning experiences.
- Organization of Routine Activities: Structuring transitions and regular activities to create a stable learning environment.
- Reflection: Analyzing the past week's activities and drawing conclusions to enhance future plans.

## Individual Planning

Individual planning addresses the unique needs and goals of each child, particularly those with special needs.

### Key Components of Individual Planning:

- Goals: Defining specific, achievable, and measurable objectives for the child's development.
- Adaptation of Activities: Modifying games and learning experiences to match the child's abilities.
- Individual Support: Adjusting the educator's approach to cater to each child's specific needs.
- Social Engagement: Encouraging collaboration and peer interaction through pairing or group activities.
- Involvement of Specialists: When necessary, planning is carried out in coordination with parents, specialists, and relevant service centers to ensure optimal support.

This structured and adaptable approach ensures that every child receives the support they need to thrive in a stimulating and inclusive learning environment.

## Individualization in the Process

Individualization involves considering each child's skills and pace of development. It promotes children's participation in common activities and includes:

- Offering materials that are moderately challenging and support developmental progress.
- Modeling communication and assisting in managing behavioral challenges.
- Engaging individual interests in exploration and discovery processes.
- Facilitating emotional and behavioral regulation.

## Flexibility and Adaptation in Planning

Planning should be flexible and adaptable, enabling caregivers to tailor the learning process to children's real interests and needs.

- Support models: Adjusting the level of complexity in materials, balancing group and individual activities.
- Alternative teaching methods: Utilizing innovative strategies such as interactive games or creative projects.

## 9. Time and Schedules

### Schedules: A Foundation of Structure and Consistency

A well-organized schedule offers children a sense of structure and fosters independence.

#### Key Components of the Daily Schedule:

1. **Arrival (30–60 minutes):** Smooth integration into the group.
2. **Morning Meeting (5–15 minutes):** Discussion of daily plans and sharing emotions.
3. **Playtime (1 hour):** Includes free and organized activities.
4. **Outdoor Time (1 hour):** Active and educational outdoor time.
5. **Mealtime (30 minutes):** Enhances social and cultural skills.
6. **Rest Time (30 minutes to 2 hours):** Physical and emotional relaxation through individual or group activities.
7. **Evening Meeting (10–15 minutes):** Summarizes the day and discusses future plans.

#### Principles of Scheduling

##### 1. Child-Centered Approach:

- Tailoring the schedule to the group's age, physical, and emotional needs.
- Addressing individual interests and abilities ensures comfort and motivation throughout the day.

##### 2. Balancing Activities:

- Incorporating:
  - Quiet and active periods.
  - Free and structured play.
  - Independent and group activities.

#### Organized Activities: Large and Small Groups

Learning and social skill development occur effectively through both large and small group activities.

##### 1. Large Group Activities:

- Includes morning meetings, thematic discussions, and group games. These help develop literacy, social skills, and emotional intelligence.
- Duration: Should not exceed 15 minutes to maintain attention.

##### 2. Small Group Activities:

- Allows for individualized attention, such as scientific experiments, art projects, or focused discussions.

## Outdoor Activities and Their Significance

Spending time outdoors provides a unique opportunity for children to be active, express their interests, and connect with nature.

1. **Freedom and Exploration:**
  - Outdoor activities enable children to explore their environment freely and develop physical and social skills.
2. **Interaction with Environment and Peers:**
  - Playing in the yard promotes teamwork, problem-solving, and curiosity.

# 10. The Role of the Physical Environment

Supportive Physical Environment for Child Development Based on Universal Design Principles

The **physical environment** is designed according to **universal design principles**, ensuring it is **diverse, safe, and inclusive**. A well-structured yet flexible setting is one of the most crucial components for a child's development. It not only supports **play and learning** but also provides opportunities for children to **express their skills, engage in various activities, and acquire new knowledge**.

An **inclusive and motivational environment** enhances children's enthusiasm, encouraging **free expression and active participation**. By creating **structured yet stimulating spaces**, children are given the optimal conditions to **recognize, explore, and develop their full potential** in a **nurturing and supportive atmosphere**.

## Indoor Space

The indoor environment should include designated areas for **play and learning**. All resources, such as books, pencils, building materials, and toys, should be **easily accessible** to children.

## Outdoor Space

The playground and natural environment encourage **creativity and social interaction** among children.

### Key Principles for a Stimulating Developmental Environment:

- **Safety** – Ensuring a secure space for all children.
- **Diversity** – Providing various activities and materials to engage different interests.
- **Accessibility** – Creating an environment that meets the needs of all children, regardless of their abilities.

The **organization of the space** should consider the **age and individual needs** of each child. Implementing **universal design principles** ensures an **inclusive environment** where every child, regardless of physical abilities, can participate in activities.

## **Play and Exploration Resources**

Children need ample time and appropriate materials to foster curiosity and creativity.

- Play materials should be diverse and engaging to encourage multiple uses.
- Both indoor and outdoor spaces should support individual and group activities.

### **Indoor Space Design Organization and Accessibility**

The indoor environment should be well-organized and easily accessible to children.

- Zoned Areas – The room should be divided into different learning and play corners to support a variety of interests.
- Furniture & Resources – Shelves, tables, and chairs should be child-sized, and materials should be placed in open, easily accessible spaces.
- Calming Colors – Neutral colors for walls and furniture help children focus on activities.
- Visible and Accessible Materials – Paper, pencils, books, and toys should be organized in clear, reachable areas.

### **Outdoor Space Design Natural and Structured Play Areas**

The outdoor environment should be diverse and engaging, allowing children to be active, connect with nature, and explore their surroundings.

- Play Zones – The playground should include various play areas that promote physical activity and peer interaction.
- Flexibility & Adaptability – Spaces should be designed to be easily modified with additional resources when needed.
- Natural Elements – Sandboxes, water play tables, grassy areas, and other natural features encourage creativity and exploration.

## **Universal Design Principles**

Applying universal design principles in physical environment planning ensures that every child can participate in activities.

- Open-ended Resources – Materials such as sand, water, cardboard boxes, and other natural elements allow children to use their imagination and creativity.
- Accessibility for Children with Special Needs – Both indoor and outdoor spaces should be adapted to accommodate children with disabilities and special educational needs, ensuring equal opportunities for all.

### **Promoting Digital and Global Education Technology Zones**

**Digital education** can be effectively integrated into early childhood learning.

- Technology Tools – Child-friendly computers, tablets, and interactive boards should be used in age-appropriate ways.

- Interactive Games & Apps – These help develop critical thinking and creativity.
- Virtual Reality (VR) Experiences – Offering educational virtual tours introduces children to different cultures and environments in an engaging way.

### **Diverse Learning Resources**

**A variety of physical and digital resources enhance the learning experience.**

- Printed Materials – Books, posters, and activity sheets introduce different cultures and topics.
- Art & Technology Integration – Encouraging children to create handmade crafts and digital illustrations strengthens both creative and technical skills.

### **The Impact of Physical Environment on Child Development**

The physical environment directly influences a child's cognitive, social, emotional, and physical development.

- An inclusive and motivating environment boosts children's enthusiasm for learning and encourages self-expression.
- Well-structured and stimulating spaces create optimal conditions for children to explore their potential and grow in a supportive atmosphere.

## **11. Observation, Reflection, and Portfolio Maintenance: Essential Components of the Learning Process**

Organizing the educational process and improving its quality requires consistent observation of the child's behavior and development, reflective analysis, and systematic documentation of outcomes. These processes enable caregivers to assess the child's skills, monitor progress, and plan tailored activities.

### **11.1. Observation**

Observation systematically studies the child's daily behavior, actions, and relationships. The aim is for the caregiver to gain a deep understanding of the child's skills, interests, and challenges, shaping an individualized educational process.

#### **Main Objectives of Observation**

- **Identifying the child's interests and skills:** Observation helps caregivers recognize activities the child participates in with enthusiasm, as well as their preferences and interests.

- **Highlighting achievements and challenges:** Caregivers determine the child's strengths and areas requiring further development through observation.
- **Adapting the learning process:** Analysis of collected data allows for structuring themes and activities to align with each child's skills and needs.

### Methods of Observation

1. **Direct observation:** Studying the child's behavior, actions, and play in groups or individually.
2. **Strategic record-keeping:** Systematic descriptions of the child's activities, achievements, and social interactions.
3. **Evaluation of developmental domains:** Assessing cognitive, physical, social, and emotional skills to create a comprehensive picture of the child's developmental level.
4. **Photo and video documentation:** Visual documentation of children's activities, enabling detailed study of their progress.

## 11.2 Reflection

Reflection involves analyzing both the children's behaviors and achievements as well as the caregiver's practices. This process helps caregivers evaluate the effectiveness of their methods and make necessary changes to the educational process.

### Key Objectives of Reflection

- Highlighting children's interests based on observed data to identify favorite themes, activities, and games.
- Understanding achievements and challenges to consider individual skills, accomplishments, and developmental needs.
- Analyzing group dynamics to evaluate social relationships and promote their development.
- Collaborating with parents to share achievements and progress, laying the foundation for setting new goals.

### Stages of Reflection

1. **Summarizing data:** Systematizing information obtained through observation.
2. **Identifying problems:** Highlighting aspects of behavior and skills that require attention.
3. **Setting new goals:** Defining objectives for the child's or group's development.
4. **Analyzing results:** Evaluating the effectiveness of the current educational process and planning next steps.

## 11.3 Portfolio Maintenance

A portfolio is a systematic documentation of the child's skills and progress, combining observation results, works, and other materials.

## Importance of a Portfolio

- **Documenting development:** Provides a complete picture of the child's skills, achievements, and progress.
- **Monitoring progress:** Analysis of the data stored in the portfolio reveals the dynamics of the child's development over time.
- **Facilitating communication:** Helps parents and specialists better understand the child's skills and their role in the education process.

## Portfolio Components

1. **Child's works:** Drawings, crafts, constructions, and other creative outputs.
2. **Photo and video materials:** Documenting the child's activities and behaviors.
3. **Developmental records:** Descriptions of the child's behavior and achievements in different situations.
4. **Analysis records:** Conclusions and suggestions based on reflective analysis.

## Methods for Collecting Portfolio Content

1. **Observation of the educational process:** Includes regular records of the child's play, learning, and behavior.
2. **Focus on developmental domains:** Assessing skills such as social communication, creativity, emotion regulation, and self-care.

## Benefits of Observation, Reflection, and Portfolio Maintenance

- Addressing the child's unique needs through analysis and adjustment of the educational process.
- Monitoring progress: The portfolio provides a complete view of the child's developmental dynamics, giving parents and specialists a clear understanding of achievements.
- Enhancing collaboration: Portfolios increase parental involvement and strengthen connections with the educational environment.
- Improving learning outcomes: Reflection allows caregivers to continually enhance their practices and create an effective learning environment.

### ***11.4 Reflective Journal: A Practical Tool for Analyzing the Educational Process***

A reflective journal is a vital tool for analyzing a teacher's daily activities. It enables caregivers to assess the effectiveness of the educational process, understand children's behaviors and development, and set specific goals for future activities.

### ***Purpose of a Reflective Journal***

1. Monitoring the educational process: Helps evaluate children's behavior, group dynamics, and the effectiveness of teaching strategies.
2. Documenting objective data: Facilitates the description of observations and outcomes, aiding in lesson planning.
3. Including subjective assessments and analysis: Combines factual data with the teacher's personal insights, evaluations, and conclusions.

### **Principles for Maintaining a Reflective Journal**

Timely record-keeping: Entries may be made at various times, depending on observed needs and insights.

### ***Direct Observation Process***

- During activities or games: Observing while activities or games are ongoing.
- At the end of the workday: Summarizing key events of the day.
- During free time: Conducting deeper analysis.

### **Objectivity and Accuracy**

Records should reflect specific facts and events, enabling teachers to analyze the strengths and weaknesses of the educational process based on reliable data.

### **Systematic Analysis**

Records should be reviewed and analyzed weekly to identify necessary changes in the learning process.

### **Contents of a Reflective Journal**

Reflective journal entries include:

1. Descriptions of children's behaviors and actions: Analysis of individual and group activities.
2. Assessment of the educational environment: Identifying which spaces or materials were used more or less frequently.
3. Analysis of teacher strategies: Evaluating the effectiveness of methods and seeking ways to improve them.
4. Data-based conclusions: Conclusions should be positive and development-oriented to support children's progress.

### **Practical Use of the Reflective Journal**

#### **Improving Space Organization**

Reflective records can reveal that certain areas in the classroom are overcrowded or less functional. This information helps the teacher reorganize spaces or rearrange materials.

#### **Progress Assessment and Portfolio**

Reflective journal data is often used to update the child's portfolio, which may include:



## Significance of the Reflective Process

A reflective journal focuses not only on individual achievements but also on group processes and an overall picture of the child's development.

- Concise, clear entries: Records should be straightforward, enabling practical decision-making based on them.
- Positive, development-oriented phrasing: Entries should highlight progress and inspire planning for the next steps.

## Key Recommendations for Maintaining a Reflective Journal

1. **Write regularly:** Daily or weekly entries help analyze processes comprehensively and implement necessary changes.
2. **Focus on key events:** Avoid describing every detail. Summarize significant events that impact the development of the child or group.
3. **Periodically review records:** Regular reviews enable progress evaluation and the setting of new goals.
4. **Use records to develop strategies:** The journal should serve as a tool to better understand children's needs and optimize processes.

## 11.5 Examples of Observation, Reflection, and Portfolio Use in Practice

### 1. Observation

Observation serves to study children's daily behaviors, skills, and interests and can be conducted using various methods:

- **Direct observation:**  
Example: A teacher notices one child frequently avoids group activities. Observing the child in individual and group situations reveals communication difficulties. The teacher plans a game where the child helps another complete a simple task (e.g., "Build a tower together").
- **Strategic record-keeping:**  
Example: A teacher records, "Maria asked for help twice during drawing but eventually completed it independently. She didn't seek help from others." This entry shows Maria is learning to work independently but still needs occasional assistance.
- **Photo and video documentation:**  
Example: The teacher records a child solving a puzzle, showcasing problem-solving skills. The video is added to the portfolio and shared with parents to highlight progress.

### 2. Reflection

Reflection involves analyzing children's behaviors and achievements and reviewing the teacher's strategies.

- **Analyzing behaviors and achievements:**  
Example: A teacher notices Lucas struggles to share space during play. Reflecting on this, the teacher introduces activities to foster cooperation, such as “Build a toy city together.”
- **Evaluating group dynamics:**  
Example: Reflection reveals consistent leadership by a few children, leaving others passive. The teacher reorganizes groups to give everyone a chance to lead.
- **Parent collaboration:**  
Example: Maria shows rapid progress in recognizing words. The teacher advises parents to read aloud at home to enhance her vocabulary-building process.

### 3. Portfolio Maintenance

The portfolio documents the child’s skills and progress systematically.

- **Collecting works:**  
Example: Nicholas’s portfolio includes drawings demonstrating artistic development, from simple shapes at the year’s start to complex scenes by year’s end.
- **Observation records:**  
Example: A record in Lisa’s portfolio highlights improvement in fine motor skills as she completes a challenging construction activity.
- **Photo and video records:**  
Example: Photos show a child experimenting with toys. Parents note similar interests at home, linking activities to the learning environment.

### 4. Additional Practical Benefits

- **Parent Meetings:**  
Portfolio data is used during discussions with parents to provide a clear picture of the child's progress.
- **Example:** Parents were shown records from their child’s portfolio, demonstrating improvements in communication and social skills over time.
- **Filling Out a Reflective Journal:**  
Example: A teacher documented reflections on a new activity – “Guess the Puzzle.” The entry included:  
"Anna actively participated in the activity but initially struggled to take the first step. With some guidance, she successfully completed the task."

This information helped the teacher identify the child's strengths and challenges, allowing for more personalized support and encouragement.

## 12. Encouragement Methods

### Encouragement Principles in an Inclusive Environment

- **Recognizing individual progress:** Acknowledging each child’s uniqueness and personal achievements without comparisons.
- **Holistic assessment:** Evaluating diverse skills such as social, cognitive, and creative abilities.
- **Positive feedback focused on process engagement.**

## Encouragement Strategies

Encouragement should be integrated into everyday practices to motivate and support children's development in meaningful ways.

### Positive Feedback

1. **Acknowledging individual achievements:**
  - Recognizing each child's accomplishments with phrases like "Excellent work!" or "Great effort!"
  - Providing positive feedback specific to each child's unique qualities in rotation.
2. **Engaging parents:**
  - Sharing information about children's achievements with parents.
  - Presenting certificates or showcasing children's works during parent meetings.

### Impact of Encouragement

The process of encouragement positively influences all aspects of a child's development:

- **Motivation:** Children strive to demonstrate their abilities more confidently.
- **Self-esteem:** Children learn to value their own efforts.
- **Emotional well-being:** Children feel supported and appreciated.
- **Collaborative skills:** Encouragement strengthens teamwork abilities.

## 13. The Role of the Educator in Implementing the Preschool Curriculum

Educators play a key role in achieving curriculum goals. They are responsible for supporting holistic child development through play-based learning, ensuring an inclusive and safe environment, assessing children's progress, and maintaining effective communication with parents. Continuous professional growth and the application of modern pedagogical methods are integral to their role.

### 1. Key Responsibilities of the Educator

- **Curriculum adaptation:** Tailoring curriculum goals to the individual needs of children.
- **Creating a learning environment:** Ensuring an inclusive, safe, and creative space that fosters individual and group development.
- **Sparking curiosity and interests:** Facilitating opportunities for exploration and self-expression through activities.
- **Collaboration with colleagues:** Positive communication and sharing of best practices
- **Partnering with families:** Collaborating closely with parents to share insights about children's development and interests.

## **2. Managing the Learning Process**

- Play-based learning: Organizing play to develop cognitive, social, emotional, and physical skills.
- Encouraging creativity: Motivating children to generate new ideas, work on constructions, and explore materials.
- Fostering inquiry skills: Encouraging curiosity through activities involving observation, experimentation, and drawing conclusions.
- Diverse teaching methods: Incorporating role-play, scientific experiments, and arts activities.

## **3. Planning and Individualized Approaches**

- Respecting cultural and linguistic identities: Incorporating children's cultural and linguistic backgrounds into lesson planning.
- Addressing interests and needs: Selecting activities based on children's capabilities and preferences.
- Building on prior knowledge: Analyzing children's previous experiences to deepen their understanding.(such as the scaffolding method

## **4. Assessment and Progress Monitoring**

- Observation: Studying children's behaviors, progress, and abilities to identify strengths and areas for improvement.
- Portfolio management: Documenting children's works, achievements, and progress systematically.
- Reflection: Evaluating the effectiveness of teaching methods and activities.

## **5. Developing Global and Digital Citizenship Skills**

- Fostering ecological awareness: Engaging children in activities that highlight the importance of nature and its preservation.
- Using technology: Teaching children safe and effective use of modern digital tools.

## **6. Child-Centered Approach**

- Considering individual needs: Acknowledging each child's uniqueness and supporting their abilities.
- Adhering to inclusivity principles: Implementing strategies to support diverse groups.

## **7. Continuous Professional Development**

- Creativity and care: Maintaining a nurturing and innovative approach.
- Openness to new methods: Embracing modern pedagogical techniques and technologies.
- Engaging with new approaches: Incorporating innovative strategies into early education practices.

Regular self-assessment allows educators to ensure curriculum goals are met. This process includes evaluating play-based learning, organizing inquiry and creative activities, assessing

children's progress, and identifying opportunities for professional growth. It ensures continuous improvement and the full realization of each child's unique potential.

## 14. Parental Involvement in Kindergarten Activities

Parents are an integral and active part of kindergarten life. Their involvement supports children's learning and development process, strengthens collaboration between parents and educators, and creates a harmonious environment that maximally promotes children's well-being.

### Utilization of Parental Resources and Involvement

The diversity of parental resources is essential for kindergarten activities. Parents often possess unique knowledge and experience that can enrich the educational process.

### Joint Activities and Projects

The kindergarten and parents collaborate on various activities that make the educational process more engaging and enjoyable:

- **Fun Starts** – Sports and educational activities that bring together parents, children, and educators.
- **Charity Events** – Implementation of charitable projects with the participation of parents and children.
- **Transdisciplinary Themes** – For example, the "**Professions**" project, where parents introduce their professions to the group and help children explore new thematic directions.

### Assessing Parental Capabilities

To facilitate parental involvement, it is advisable for them to fill out a questionnaire in advance, indicating how they can participate in kindergarten activities, such as:

- Reading books to children or conducting art activities.
- Engaging in singing, crafting, or science-related activities.
- Sharing professional experience with children and educators.

### Volunteer Involvement

Parents' participation may include assisting educators, organizing excursions, taking part in open house events, or supporting thematic activities.

## Parental Awareness and Open-Door Policy

To ensure children's well-being, the kindergarten implements an **open-door policy**, allowing parents to visit the kindergarten and participate in daily activities at any time with prior arrangement.

## Communication Channels

- **Information Boards** – Regular updates on kindergarten news, schedules, and events.
- **Social Media and Websites** – Online platforms for sharing information.
- **Closed Group Pages on Social Media (e.g., Facebook)** – Where photos, videos of children's activities, and useful information for parents are posted.
- **Children's Work Exhibitions** – Providing parents with the opportunity to see their children's involvement in kindergarten activities.

## Meetings and Reports

Regular meetings between parents and teachers ensure the exchange of information about the child's development and agreement on future goals.

## Individual Meetings

**Twice a year, parent-teacher meetings are held:**

- In the fall – To assess the child's initial progress.
- At the end of the academic year – To summarize the child's achievements throughout the year.

**During these meetings, parents receive a child's portfolio, which includes:**

- Completed work, observation records, photos, and videos.

If necessary, additional meetings can be scheduled to discuss specific concerns.

## Daily Communication

Parents can stay in touch with educators to receive information about their child's daily activities, behavior, and learning progress.

## Parental Education

The kindergarten places great importance on raising parental awareness, strengthening their role in the child's learning process.

**Topics include:** Child development characteristics, children's rights, the use of digital technologies, literacy, and the role of play, among others.

## Parental Participation in Decision-Making

Involvement in daily decision-making at the kindergarten enhances parents' motivation:

- **Setting Goals** – Establishing short- and long-term development plans for the child together with educators.
- **Considering Parents' Opinions** – This helps optimize kindergarten activities and increases parental engagement.

### **Summary**

*The European kindergarten curriculum is an organized and unified effort aimed at achieving a common goal. Its successful implementation requires the collaborative work of all participants — the kindergarten director, methodologist, educators, assistants, support staff, and parents. Through this joint process, the kindergarten curriculum becomes an effective platform where a safe environment, quality, collaboration, and interaction create the best opportunities for each child's development.*